The World’s Best Nordic Schools

Empowering Teachers Worldwide
The Nordic Teaching Model

1. Planning and organizing
2. Setting and managing goals
3. Using different teaching methods
4. Reviewing, evaluating and measuring the effects of teaching
5. Starting and finishing strongly
6. Motivating and creating meaning
7. Using your body, your voice and the classroom
8. Switching between different teacher roles
9. Sensing and creating moods in the class
10. Building relationships with the class
11. Building relationship with each student
12. Strengthening relationships between the students

The Nordic Teaching Model is developed and owned by Nordic Schools. All rights are reserved.
Instructions: how to use The Nordic Teaching Model

Evaluate yourself

We have developed a 360° tool to evaluate and develop your teaching competences. The aim is to get you to think about what you already do well. We also want you to reflect on what you could improve. Once you have done this, decide what you want to focus on going forward.

Three key competences

The model is based on three key competences which every teacher should have:

- **Teaching competences**
  You plan, set goals, carry out a variety of activities and you give and get feedback

- **Classroom management competences**
  You manage your students’ learning, create structure and motivate them

- **Social competences**
  You form relationships and create a sense of community

As a teacher, you use three key competences. They are of course interrelated. However, in the model they are separated to highlight the behaviour which belongs to each individual competence. Each competence has four categories. The categories describe the behaviour associated with the relevant competence.

How to use the model

When you fill in the model, start with your own general opinion about your teaching skills. Evaluate yourself on a scale of 1-5. One is the lowest score you can give yourself and five is the highest. Fill in the model with the score that reflects your own personal evaluation of yourself.

Enjoy!
Development plan for teachers

The development plan is based on your answers to the The Nordic Teaching Model.

<table>
<thead>
<tr>
<th>Competence</th>
<th>Goal</th>
<th>New behaviour</th>
<th>Why?</th>
<th>When?</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Teaching competences</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Classroom management competences</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Social competences</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Goal:**
Choose a subcategory for each of the three competences you want to develop

**New behaviour:**
What will you do?
Describe your actions and be as specific as possible

**Why?**
What will you gain from your actions?
What will your students gain?

**When?**
What is your timeline?
Note the place, situation and date

---

**Casper Rongsted**
Casper has more than 25 years’ experience within the field of education. He has trained teachers and managers in schools from a wide variety of institutions and schools both in Denmark and abroad. Casper has also written books and numerous articles about learning and personal development.

**Rasmus Schiellerup**
During the last 15 years, Rasmus has worked as a learning consultant, trainer, speaker, deputy head and self-employed businessman in Denmark and abroad. He has also written books and articles about learning.

**Kasper Myding**
Kasper has an MA in learning and change processes. He has a decade of experience as a teacher and deputy head. In addition, Kasper has solid experience in training teachers from his time as a learning consultant.